

Dear Shelley,

So can one book *really* make a difference in *addiction*? Can doing some simple exercises really stop a behavior that is *destroying a life*, as well as the lives of family and friends? Rather than giving you a trite answer, let me tell you a story.

There once was a bad storm on the beach of a small town. For two days waves pounded the beach without mercy. The tide was *large* and the waves were *ferocious*. On the third day the sun came out and the townsfolk came out to survey the damage. The surf had been so large that hundreds and hundreds of starfish had been washed ashore. They were slowly drying out and dying.

On this sunny day a *young girl* was walking along. Every time she took a step she stopped, reached down and picked up a starfish. Then with all her might, she cast the starfish back into the ocean. An older and supposedly wiser friend came up to her and asked what she was doing. She pointed down the beach and remarked that the young girl was wasting her time. "*There are thousands of starfish washed up on this beach. You cannot possibly make a difference to a problem this large and vast.*" "What possible difference can it make to throw a few starfish back into the ocean?" The young girl paused for just a second. Then she reached down and grasped one more starfish. She defiantly threw it back into the ocean. She turned to her older and wiser friend and quietly remarked, "*It made a difference to that one!*"

Addiction is that storm in someone's life. We are all at the point of choice. We can blindly throw up our hands and say nothing can make a difference. It is *hopeless*. They will *never* change. *Society* and the *drug dealers* are to blame. Or we can be the little girl. We can make a difference to *one person*. We can give the tools that explain the *cause* of addiction. We can teach people to cope with *stress* and deal with the cycle of *self-medication*. We can address the fact that addiction is a *learned behavior*. This book will make a difference to that one person in your life. It will make a *monumental* change to a single life. Have the *courage* of the little girl. Change the tide of addiction, one starfish at a time.

[Click this to immediately download your two complimentary chapters of "Make Your Last Relapse, Your Last"](#)

These two chapters are the same as picking up the starfish. *You have already made the decision to save someone*. Take the next step to purchase the whole book. Give someone you love the *tools to change*. "*Make your last relapse your last*" is based on over *30* years of experience. It is actively used in one of the most *successful rehabs* in North America. It is the most *powerful* tool in their program. Right now someone you love is lying on the "*beach*" of addiction, slowly dying. You have the *power* to change their destiny. Your love and concern and this book can change the course of their life... Forever.

If you wish to purchase the entire E-BOOK and Relapse Prevention Package via instant download for only \$29! [CLICK HERE](#). The softcover version can be delivered to your door for \$49 shipping included. (Softcover delivery in United States and Canada only.)

If you know people in your life who *NEED* this *information*, friends or family, why not purchase one as a gift and send it to them by e-mail? Let them know you care! Give them the tools to actually change. Help them and yourself, *understand how to stop addiction*, for good.

Thanks,  
Tom

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