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## Our staff at Clear Haven Center

At Clear Haven Center our staff consists of a dedicated group of professionals who are committed to our clients' recovery and personal well-being. Included among our staffing ranks are psychologists, counselors, therapists, nutritionists, and many other skilled specialists who are solely focused on the recovery and rehabilitation of our clients.

Staff credentials and skills are reviewed regularly, thereby ensuring their skills and training continue to be among the best available. When clients come to us for treatment and counseling, we want them to feel as comfortable as possible on their road to recovery. That is why we make every effort to match the client with a staff member who has the best skill set to meet their individual needs.

### Meet Some Of Our Staff:

#### Robert

Director of Administration and Operations

Robert is a highly motivated, creative and versatile operations specialist with thirty years of experience in handling major accounts and management training. He is proficient in management, negotiation, and public relations. His strong communication skills allow him to effectively work with staff, Clear Haven's clients and their families.

#### Mary

Counselor

A proven leader, Mary has a *bachelor's degree in Social work from the University of Alberta*, combined with a post graduate certificate in education. A professional always, Mary has numerous years experience researching and coordinating in various educational backgrounds. Her belief is that she must continue to learn and grow to better assist those in

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2-3 month treatment program

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need. Her work has touched many from as far as Seoul Korea to Kuwait. Her wealth of knowledge and proven leadership are an undoubtable asset to Clearhaven Center.

## **Tracy**

Counselor

Tracy's strong leadership qualities coupled with an energetic and dynamic attitude for positive change makes her a much welcomed addition to our valued team. Her experience working for over a decade with various school boards and educational groups leaves Tracy with the compassion and understanding that we here at Clearhaven Center strive to accomplish and perfect everyday.

## **Sherri**

Administrative

As assistant to the Director, Sherri brings strong leadership skills to Clearhaven Center. She always goes the extra step to assure the Center maintains high quality care and standards. She makes sure that our client's needs are addressed and attended to promptly. Paying particular attention to detail has given Sherri the opportunity to assist our clients in progressing and maintaining a positive rehabilitation experience.

## **Sunny**

Yoga Instructor

Sunny comes to us as an experienced yoga instructor, bringing a calming approach that Clear Haven Center strongly supports. She is a graduate of *La Federation Quebecoise de Yoga* and also holds certification in both Reiki and Thai Yoga Massage. Sunny has the ability to adapt to the most beginner of students or a more advanced individual, safely never pushing beyond an individual's limitations.

## **Kristina**

Massage Therapist

A certified massage therapist, Kristina combines various Swedish massage techniques along with a dynamic approach to her work. Her number one goal is to constantly make sure her clients are comfortable and content. Kristina's studies have shown her that active listening to a client's specific needs are just as important as the benefits of physical touch. The therapeutic benefits of massage are essential to a successful rehabilitation, giving the client a chance to re-connect within themselves, relieve stress and eliminate toxins

## **Program Educational Development Team**

### **Irene**

Program Development And Research

Irene is experienced at senior levels of management in service delivery and provincial government in British Columbia. She is skilled in policy analysis and development. Irene is accomplished in working with various levels of government, administration, boards, professional groups, public and community to resolve issues, develop and implement strategies. She possesses a very strong knowledge of mental health and addictions programming and research through direct experience in provincial health care systems.

Irene has taken her 30+ years of experience and summed them up in the Clear Haven Center program. Over the years, she found that addictions research was available to health professionals, but not readily accessible by the people who needed it most. She has based the program on the most current, widely proven research.

From this foundation of knowledge she has also written two books, "Make Your Last Relapse The Last" and "Help Them Succeed At Rehab." The book "Make Your Last Relapse The Last" is the essence of the Clear Haven Center 12 week program and is used as the main textbook at the Center. "Help Them Succeed At Rehab" was written to help the family and loved ones of people suffering with addiction. It empowers these people to make a real difference in their loved ones life, and to be the best support while their loved one is in rehab.

Irene's compassion for those suffering with addiction has driven her to update the program as new research becomes available.

### **Crystal**

Tech Support and Program Development

Crystal has over 10 years background in information technology. She works to make sure that the policy manuals are always current to ensure the highest standards of safety for staff and clients. She makes sure that clients have access to the after care program, including the online Clear Haven Forum, and access to lifetime counseling support.

Working closely with the head educational program developer, she brings the ideas and research to life on paper. Crystal carefully designs and edits the educational powerpoints that clients view everyday and all the student forms that accompany the presentations. All the educational materials are designed with the client in mind and with one goal at heart: relapse prevention.

Learn more now... call toll free 1-877-465-8080



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Brochure

320 Kb, requires **Adobe  
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Brochure

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## Contact Information

1-877-465-8080

**Contact Us By Email**

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from Montreal.

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